



# UNITED WORLD WRESTLING

TO ALL NATIONAL FEDERATIONS

Corsier-sur-Vevey, 25<sup>th</sup> January 2022/Jdr

**Subject: New adjustments to the International Wrestling Rules**

Dear President, dear Secretary General,

Last year the Technical Commission and the UWW Bureau met on several occasions to discuss potential improvements to the *International Wrestling Rules* and to the competition format. Various important areas were analysed and on its last meeting on 20 January 2022, the UWW Bureau approved some adjustments.

You will find below the principles that were adopted, and in the attached documents (markup and clean version) the new wording of the concerned articles of the *International Wrestling Rules*<sup>1</sup>. We really think that these adjustments will benefit our Sport and the competitions organized every year.

First of all, it was decided to better balance the qualification rounds into the upper and lower part of the bracket. In this regard, the new version of Arena will be adapted and effective from the 1<sup>st</sup> of February 2022.

The other decisions approved were:

- To allow the referee delegate(s) to intervene if a big mistake is done by the refereeing body.
- To adjust the timeframe provided for the coach to request a challenge.
- During the activity time, if the active wrestler scores point(s) during that period, he/she will still score the point for the activity time.
- To remove the verbal warning for U15, U17 and Veterans because the time of each period is shorter than the other age categories.
- To stronger punish wrestlers who flee the hold or the mat if its results to a take down.
- To call the fall in situation where an athlete is almost with his/her shoulders on the mat but simulates an injury to stop the action (screaming to simulate an injury).

These changes are effective as of the date of this letter.

I thank you for your attention in this matter and remain,

Sincerely Yours,

  
Nenad Lalovic  
UWW President

Copy: Bureau Members

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<sup>1</sup> Including the new naming of age categories as announced [by circular letter](#) on 12 November 2021.