



GRAPPLING

**TO ALL NATIONAL GRAPPLING FEDERATIONS
TO THE GRAPPLING COMMITTEE MEMBERS**

Corsier-sur-Vevey, 18th of January 2023

Subject: Modifications and Tests of International Grappling Rules

Dear President,

We write you to inform that International Grappling Rules have undergone some changes following the annual Grappling Committee Meeting, as well as following the changes of International Wrestling Rules.

After a discussion during the annual Grappling Committee Meeting on 15th of October 2022 following amendments were adopted by majority votes:

1. Introduction of 100 kg weight category at U20 Men in order to have the same heavy weight categories as Seniors (art. 7 "Age, Weight and Competition Categories").
2. Rephrasing of type of defeat in case of fleeing from the mat from "disqualification" to "lost by submission" since disqualification means the elimination from the entire competition, and not just losing a bout (art. 28 "Interrupting and Continuing the Bout" and art. 39 "Passivity").
3. Clarification note regarding Back Mount position (art. 36 "Values Assigned to the Actions and Holds").

Also, according to the changes in the International Wrestling Rules submitted by the UWW Technical Commission, the following changes were automatically applied for the International Grappling Rules:

1. Change of the ranking in case of doping violations of two first ranked athletes (art. 14 "Elimination from Competition").
2. Changes regarding challenge outcome and time slot to request a challenge from 5 seconds to 10 (art. 32 "Challenge").

In addition to the above changes, some technical modifications were also made:

1. Time slot for weigh-in from 60 to 30 minutes since this time was considered sufficient according to the past championships (art. 11 "Weigh-in").
2. Addition regarding scoring to determine the team ranking (art. 33 "Team Ranking During Individual Competitions").

Attached to this circular you will find the International Grappling Rules with the beforementioned modifications highlighted in green or red. This new version will come into force on February 1, 2023.

Also, in order to simplify the rule regarding challenges during the match, it was proposed to test a possible modification in the Grappling Rules that concerns Article 32 "The Challenge". According to this modification the grappler can request a challenge for caution given for passivity or attack submission, and during the whole bout.

This modified rule will be tested at all the 2023 continental Grappling championships starting with (but not limited to) the 2023 European Grappling Championships in Bucharest. Coaches will receive a detailed information on these specific measures before the competition on site.

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Once the championships are concluded, UWW Grappling Committee Meeting will evaluate the results of the measures and communicate accordingly to all federations about the final decision.

Last but not least, according to the meeting of the UWW Bureau, it was decided that no international competitions for the U13 age category will be organized until more analysis and research will be made. Especially about the safety of the Rules for this age category.

We thank you for your attention and collaboration in this matter.

Yours sincerely,



Jean-Daniel Rey
Sports Director



Rizvan Bochkaev
World Grappling Committee President

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