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[www.themat.com](http://www.themat.com)

## OFFICIAL LETTER OF INVITATION 2026 Senior Pan-American Championships

January 12, 2026

Dear Wrestling Federation President:

USA Wrestling is pleased to invite athletes, coaches, referees, and Pan American Federation officials to the 2026 Pan-American Championships. This event will take place in Coralville, Iowa, on May 7–10, 2026.

United World Wrestling, USA Wrestling, and Think Iowa City have put a tremendous amount of planning and coordination toward ensuring the Senior Pan-American Championships are a great success. Think Iowa City has successfully hosted many international and domestic events, and your federation will be treated in a first-class manner.

USA Wrestling kindly requests that you focus on the visa process. Obtaining visas for your federation must begin immediately. It is important that you meet with the agency or government official who is in charge of funding and visas for your federation. These officials need to understand that it is imperative to begin the visa process by **January 23, 2026**.

We understand that your athlete roster may not be final. However, getting a large number of athletes, coaches and delegates into the visa system will help to alleviate pressure on US Embassies. Please apply for visas for as many individuals as possible, as soon as possible. Also, understand that the visa timeline does not begin until each member of your federation has filled out the DS-160 form online and paid the visa application fee. Once this is done, please schedule an interview.

USA Wrestling will begin writing invitation letters once your federation has provided us with the DS-160 form numbers for those individuals seeking an interview and visa. Your cooperation in meeting deadlines and attention to detail is essential.

Please be aware of the following deadlines:

**Completion of DS-160 Form and Processing Visa Application Fee: January 23, 2026**

**Deadline to submit final entries and travel information into Athena: April 7, 2026**

Your federation will receive a visa tracking sheet via email. Once you receive this document please fill out and email back to Pete Isais at [pisais@usawrestling.org](mailto:pisais@usawrestling.org)

USA Wrestling and Think Iowa City are ready to welcome you for this great event. We look forward to a weekend of very competitive wrestling in May!

Sincerely,

Bruce Baumgartner  
President  
USA Wrestling

Rich Bender  
Executive Director  
USA Wrestling

"WHERE OLYMPIC  
JOURNEYS BEGIN"





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## CARTA OFICIAL DE INVITACIÓN Campeonato Panamericano Senior 2026

12 de Enero de 2026

Estimado Presidente de la Federación de Lucha:

USA Wrestling se complace en invitar a los atletas, entrenadores, árbitros y a los oficiales de la Federación Panamericana al Campeonato Panamericano 2026. Este evento tendrá lugar en Coralville, Iowa, del **7 al 10 de mayo de 2026**.

United World Wrestling, USA Wrestling y Think Iowa City han dedicado una enorme cantidad de planificación y coordinación para asegurar que el Campeonato Panamericano Senior sea un gran éxito. Think Iowa City ha organizado con éxito numerosos eventos internacionales y nacionales, y su federación será atendida de manera de primer nivel.

USA Wrestling solicita amablemente que presten especial atención al proceso de visado. La obtención de visas para su federación debe comenzar **de inmediato**. Es importante que se reúnan con la agencia u oficial gubernamental responsable de la financiación y la gestión de visas de su federación. Estos funcionarios deben comprender que es **imperativo comenzar el proceso de visado antes del 23 de enero de 2026**.

Entendemos que la lista de atletas aún puede no estar definida. Sin embargo, ingresar a un gran número de atletas, entrenadores y delegados en el sistema de visas ayudará a reducir la presión sobre las Embajadas de los Estados Unidos. Por favor, soliciten visas para la mayor cantidad posible de personas, lo antes posible. Asimismo, entiendan que el proceso de visa no comienza hasta que cada miembro de su delegación haya completado el formulario DS-160 en línea y pagado el arancel correspondiente. Una vez realizado esto, por favor programen una entrevista.

USA Wrestling comenzará a emitir cartas de invitación una vez que su federación nos haya proporcionado los números de los formularios DS-160 de todas las personas que solicitan entrevista y visa. Su cooperación en el cumplimiento de los plazos y en la atención a los detalles es esencial.

**Tengan en cuenta los siguientes plazos:**

- **Completar el Formulario DS-160 y procesar el pago de la solicitud de visa:** 23 de enero de 2026
- **Fecha límite para enviar inscripciones finales y la información de viaje en Athena:** 7 de abril de 2026

Su federación recibirá una hoja de seguimiento de visas por correo electrónico. Una vez que reciban este documento, complétenlo y envíenlo a **Pete Isais** ([pisais@usawrestling.org](mailto:pisais@usawrestling.org)).

USA Wrestling y Think Iowa City están listos para darles la bienvenida a este gran evento. ¡Esperamos un fin de semana de lucha de altísimo nivel en mayo!

Atentamente,

Bruce Baumgartner  
Presidente  
USA Wrestling

Rich Bender  
Director Ejecutivo  
USA Wrestling

"WHERE OLYMPIC  
JOURNEYS BEGIN"





# Senior Pan-American Championships

FREESTYLE, GRECO-ROMAN, WOMEN'S WRESTLING  
CORALVILLE (USA) | MAY 07-10, 2026

## Competition & Venue Details

### Competition Venue & Address

Xtream Arena 200 E 9th St Suite 100, Coralville 🌐 📍

Number of Mats: 2

### Organizer & Contact

Organizer: USA Wrestling

Email: [usa@uww.org](mailto:usa@uww.org)

### Key Logistics

Accreditation: Hyatt Regency Coralville Hotel & Conference Center  
300 E 9th St, Coralville 🌐 📍

Teams Reception: Eastern Iowa Airport, Cedar Rapids, Iowa (CID)  
2121 Arthur Collins Pkwy SW, Cedar Rapids 🌐 📍

Technical Meeting: Hyatt Regency Coralville Hotel & Conference  
Center 300 E 9th St, Coralville 🌐 📍

Weigh-in Location: At the competition venue

Training Venue: GreenState Family Fieldhouse 811 E 2nd Ave,  
Coralville 📍

Meals: Breakfast, lunch and dinner at the Hyatt Regency Coralville  
Hotel

### Final Entries Deadline

07 April 2026

## Participation & Entry Fees

### Accommodation Fee

CHF 200.-

per day and per person (minimum 4 nights)  
includes accommodation, meals, transfers, local transportation

### Engagement Fee

CHF 100.-

per athlete

## Accommodation Details

### Teams

Hyatt Regency Coralville Hotel & Conference Center 300 E 9th St,  
Coralville 🌐 📍

### UWW Officials & Staff

UWW Bureau: Hyatt Regency Coralville Hotel & Conference Center 300  
E 9th St, Coralville 🌐 📍

Referees & UWW Staff: Hyatt Regency Coralville Hotel & Conference  
Center 300 E 9th St, Coralville 🌐 📍

## Referees' Category & Course

### Referees' Category\*

OL: IS, I, II, III

\*Category IS (or I, II and III for the NF that don't have any cat. IS)

### Referees' Course Type

(OL) 4. control I

(OL) 5. control IS



# Senior Pan-American Championships

FREESTYLE, GRECO-ROMAN, WOMEN'S WRESTLING

CORALVILLE (USA) | MAY 07-10, 2026

Tuesday 05.05: Arrival of the delegations / Monday 11.05: Departure of the delegations

● FS ● GR ● WW

Wed 06.05	Thu 07.05	Fri 08.05	Sat 09.05	Sun 10.05
	07:30 - 08:00	07:30 - 08:00	07:30 - 08:00	07:30 - 08:00
	<div>Medical Examination &amp; Weigh-in</div> <div>GR: 55kg, 60kg, 63kg, 67kg, 77kg, 82kg, 87kg, 130kg</div>	<div>Medical examination &amp; weigh-in</div> <div>GR: 72kg, 97kg</div> <div>Medical Examination &amp; Weigh-in</div> <div>WW: 50kg, 55kg, 57kg, 62kg, 68kg, 72kg</div>	<div>Medical examination &amp; weigh-in</div> <div>WW: 53kg, 59kg, 65kg, 76kg</div> <div>Medical Examination &amp; Weigh-in</div> <div>FS: 61kg, 74kg, 86kg</div>	<div>Medical examination &amp; weigh-in</div> <div>FS: 57kg, 65kg, 70kg, 79kg, 92kg, 97kg, 125kg</div>
09:00 - 12:00				
UWW Americas Ordinary Congress	10:00 - 13:00	10:00 - 13:00	10:00 - 13:00	10:00 - 13:00
	<div>Qualification rounds</div> <div>GR: 55kg, 60kg, 63kg, 67kg, 77kg, 82kg, 87kg, 130kg</div>	<div>Qualification rounds</div> <div>GR: 72kg, 97kg</div> <div>Qualification rounds</div> <div>WW: 50kg, 55kg, 57kg, 62kg, 68kg, 72kg</div>	<div>Qualification rounds</div> <div>WW: 53kg, 59kg, 65kg, 76kg</div> <div>Qualification rounds</div> <div>FS: 61kg, 74kg, 86kg</div>	<div>Qualification rounds</div> <div>FS: 57kg, 65kg, 70kg, 79kg, 92kg, 97kg, 125kg</div>
13:00 - 15:00	13:00 - 14:00	13:00 - 14:00	13:00 - 14:00	13:00 - 14:00
IS referee seminar	<div>Semi-finals</div> <div>GR: 55kg, 60kg, 63kg, 67kg, 77kg, 82kg, 87kg, 130kg</div>	<div>Semi-finals</div> <div>GR: 72kg, 97kg</div> <div>Semi-finals</div> <div>WW: 50kg, 55kg, 57kg, 62kg, 68kg, 72kg</div>	<div>Semi-finals</div> <div>WW: 53kg, 59kg, 65kg, 76kg</div> <div>Semi-finals</div> <div>FS: 61kg, 74kg, 86kg</div>	<div>Semi-finals</div> <div>FS: 57kg, 65kg, 70kg, 79kg, 92kg, 97kg, 125kg</div>
	14:00 - 14:15	14:00 - 14:15	14:00 - 14:15	14:00 - 14:15
	<div>Repechages</div> <div>GR: 55kg, 60kg, 63kg, 67kg, 77kg, 82kg, 87kg, 130kg</div>	<div>Repechages</div> <div>GR: 72kg, 97kg</div> <div>Repechages</div> <div>WW: 50kg, 55kg, 57kg, 62kg, 68kg, 72kg</div>	<div>Repechages</div> <div>WW: 53kg, 59kg, 65kg, 76kg</div> <div>Repechages</div> <div>FS: 61kg, 74kg, 86kg</div>	<div>Repechages</div> <div>FS: 57kg, 65kg, 70kg, 79kg, 92kg, 97kg, 125kg</div>
15:00 - 16:00				
Referees' consultation				
16:00 - 17:00				
Technical conference & draw GR, WW, FS All categories	16:15 - 16:45			
	Opening Ceremony			
	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30
	<div>Finals &amp; Awards Ceremonies</div> <div>GR: 55kg, 60kg, 63kg, 67kg, 77kg, 82kg, 87kg, 130kg</div>	<div>Finals &amp; Awards Ceremonies</div> <div>GR: 72kg, 97kg</div> <div>Finals &amp; Awards Ceremonies</div> <div>WW: 50kg, 55kg, 57kg, 62kg, 68kg, 72kg</div>	<div>Finals &amp; Awards Ceremonies</div> <div>WW: 53kg, 59kg, 65kg, 76kg</div> <div>Finals &amp; Awards Ceremonies</div> <div>FS: 61kg, 74kg, 86kg</div>	<div>Finals &amp; Awards Ceremonies</div> <div>FS: 57kg, 65kg, 70kg, 79kg, 92kg, 97kg, 125kg</div>



# WRESTLING

## PAN-AMERICAN CHAMPIONSHIPS

# CORALVILLE'26

UNITED WORLD  
WRESTLING

The following regulations will be strictly followed. Variations will only be made by UWW/USA Wrestling.

### Teams Invited

- All Pan-American countries in good standing with United World Wrestling.
- Delegations are asked to apply for a maximum of 50 total members per delegation. Please prioritize athletes first and foremost.

### IMPORTANT VISA INSTRUCTIONS

- USAW suggests that all foreign delegations participating at the 2026 Senior Pan-American Championships complete all VISA APPLICATIONS including processing online DS-160 Forms, electronic visa application payment and selecting interview date by January 23<sup>rd</sup>, 2026 to ensure an appointment and visa approval.
- For full directions on applying for visa please click on link
  - English "[Click Here](#)"
  - Spanish "[Haga Clic Aqui](#)"
- Begin the visa process by applying online at <http://www.travel.state.gov>
- Apply for a B1/B2 Nonimmigrant Visa Online by filling out an electronic DS-160 application for each member of your delegation.
- Please fill out emailed visa tracking spreadsheet and submit back to Pete Isais at [pisais@usawrestling.org](mailto:pisais@usawrestling.org)

#### Appointment Wait Times and Expedited Appointments:

- USOPC can assist with facilitating expedited appointments. **All** countries should apply for their visas soon as possible; if they cannot schedule a timely appointment, they need to follow the website's instructions to request an expedited appointment.
- To request an expedited appointment, applicants generally will need to
  - 1) submit the application and pay the fees
  - 2) schedule the earliest available appointment date (even if beyond the date of travel) and
  - 3) then may re-enter the scheduling system and select the "Request Expedite" option.
- Please let USA Wrestling know immediately if/when an expedite request is denied and we can assist. USOPC must have confirmation that an expedite request was submitted before we can request an earlier appointment date with our contacts.





# WRESTLING

## PAN-AMERICAN CHAMPIONSHIPS

# CORALVILLE'26

UNITED WORLD  
WRESTLING

### Financial Conditions

- All visiting delegations will be responsible for all food and housing expenses for each delegate.
- Individual Delegates must stay a minimum of four (4) days.
- Athletes will be accommodated in double/double rooms at a cost of 200 CHF per day. Coaches, Team Leaders, Medical and other delegates will also be accommodated in double/double rooms at a cost of 200 CHF per day.  
\*Conversion will be done week prior to event.  
\*\*Delegates who request **\*SINGLE ROOM** accommodations will be charged **\$225 CHF** per day unless odd number in delegation.
- USA Wrestling will be responsible for local transportation from the Eastern Iowa Airport in Cedar Rapids, Iowa.
- ***Please provide detailed travel information through "Athena" by April 7, 2026.***
- All delegations must plan to depart on May 11, 2026. Special arrangements may be possible if requested.
- Delegations must adhere to the deadlines stated in UWW Regulations and attached documents.
- Delegation participation/engagement fees (100CHF per athlete) shall be paid to United World Wrestling online through the "Athena" system
- Delegation leaders shall settle all payments for room and board upon arrival. Each nation must enter all members of delegation in UWW Athena system prior to April 8, 2026.
- *Federations are also encouraged to pay all costs in advance, transferring the amount due to the organizer's account. Information for wire transfers will be sent upon request. Email [pisais@usawrestling.org](mailto:pisais@usawrestling.org)*
- No accreditation shall take place without the participation/engagement fees being paid directly to United World Wrestling.
- Place of accreditation: Hyatt Regency Hotel and Conference Center, 300 E 9th St, Coralville, IA 52241, (319.688.4000)
- Delegation leaders will be responsible for any damage caused by members of their team during their stay.
- Delegations will be responsible for any incidentals associated with hotel and specific hotel rooms.
- The sampling procedure and doping control will be conducted according to IOC, WADA, and UWW regulations.



# WRESTLING

## PAN-AMERICAN CHAMPIONSHIPS

# CORALVILLE'26

UNITED WORLD  
WRESTLING

### Technical Conditions

- The Senior Pan-Am Championships will be conducted under UWW Wrestling Rules on two (2) UWW-approved Dollamur mats.
- The competition will be conducted over four (4) days. Single day competition per weight class.
- The men's competition will be held in the weight categories (KG) determined by UWW: 57-61-65-70-74-79-86-92-97-125 kg.
- The women's competition will be held in the weight categories (KG) determined by UWW: 50-53-55-57-59-62-65-68-72-76 kg.
- The greco-roman competition will be held in the weight categories (KG) determined by UWW: 55-60-63-67-72-77-82-87-97-130 kg.
- Competitors will weigh in day of competition.
- Competitors must be a minimum of 18 years old in 2026.
- Medical services will be provided by the Organizing Committee. The cost of transport by ambulance or special vehicle outside the agglomeration, hospitalization and special care have to be borne by the participants who are, in principle, covered by United World Wrestling insurance if their license is valid for current year.
- ALL ATHLETES MUST HAVE A CURRENT UWW ATHLETE LICENSE. All Licenses must be purchased through Athena system.
- Each wrestler must undergo a medical exam prior to stepping on scale.

### Officiating

- A Type IV and V referee clinic will be held at this event.
- Referees belonging to UWW international IS category shall officiate these championships. NF's who don't have a cat. IS official may register cat. I, II or III referee(s).
- Each referee shall present his referee's license to verify paid taxes for 2026.

### Official Ceremonies

- Each participating team must have one (1) representative present at the opening ceremony according to the host committee's instructions.
- The national flags of the countries whose teams earned 1st-3rd places will be raised once the medals and trophies have been awarded.
- The national anthem will be played for each team place winner.
- USA Wrestling will provide the flags and national anthems. It is the responsibility of the team leader to check the flag and anthem that USA Wrestling has obtained.



# WRESTLING

## PAN-AMERICAN CHAMPIONSHIPS

# CORALVILLE'26

UNITED WORLD  
WRESTLING

### Media

- All Media must be credentialed through United World Wrestling “Athena” system.
- Members of the media are responsible for their own accommodation and board; however, hotels can be recommended.
- A press center will be available during the competition.
- Anyone wishing to record video must apply for UWW approval one month before the event.

### Awards

- All athletes who earn a place on the podium (3 or 4 athletes) will receive a medal and diploma.
- Each participant will receive a souvenir and a diploma.

### Entries

- Final entries must be entered in the “Athena” system one month before the competition (**April 7, 2026**).
- The competition engagement fee will be CHF 100 per participant. This shall be paid through “Athena” system.

**Deadlines:** Please provide information according to each respective deadlines included in regulations.

**NOTICE!** When corresponding by e-mail, USA Wrestling kindly asks that your Federation please use your **UWW email account**. Due to security issues stemming from deceitful individuals impersonating international wrestlers, our State Department insists we provide proof that those wishing to participate at international tournaments within the United States are actual international wrestlers and are represented by a wrestling federation. Using your Federation’s email account assists with this proof.



#	Last Name	First Name	Role/Title (e.g., Athlete, Coach)	DS-160 Number	Nationality	Passport Number	Passport Expiration	#	Date of Travel	Current Interview Date	Requested Expedite (Y/N)	Application U.S. Embassy Location	Notes
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