



IZABEKOV WRESTLING ACADEMY

CALENDAR PLAN – 2026

JANUARY 2026

Dates	Event Description
02-11 Jan	Children's Training Camp (Freestyle & Greco-Roman) Category: U8–U14 Program: Two daily training sessions; morning park workouts; master class by WC medalist; aqua park day; sauna day; certificates and souvenirs.
15–16 Jan	Sports Health & Rehabilitation Seminar Category: Coaches / Athletes / Medical Staff Lecturer: Chief Physician of Izabekov Wrestling Academy Rehabilitation Center.
25 Jan – 10 Feb	Joint Training Camp with the National Team of Jordan Category: Seniors Framework: Bilateral cooperation and exchange of experience.

FEBRUARY 2026

Dates	Event Description
01–07 Feb	Anti-Doping Education Week Category: Athletes / Coaches Lecturer: Anti-Doping Center of the Kyrgyz Republic.
22 Feb – 06 Mar	Joint Training Camp with Wrestling Club from France Category: Seniors / Juniors Format: International Training Camp.

MARCH 2026

Dates	Event Description
02–05 Mar	Coaches' Seminar (Freestyle, Greco-Roman, Women's Wrestling) Category: Coaches Format: Educational Seminar.
20 Mar – 05 Apr	International Training Camp (Freestyle, Greco-Roman, Women's Wrestling) Category: Seniors

	<p>Purpose: Preparation for the Asian Championships (Bishkek)</p> <p>Note: Dates to be coordinated with UWW.</p>
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APRIL 2026

Dates	Event Description
05 Apr	Referees' Seminar Category: Referees Framework: Asian Championships.
06–12 Apr	Training Sessions for Participating Teams of the Asian Championships Category: Seniors Format: Pre-Competition Training.
15 Apr	Amateur Rugby Championship among Wrestling Community.
April (TBC)	Athlete Safeguarding Seminar Category: Coaches / Athletes / Support Staff Topics: Psychological well-being; ethics and boundaries; prevention of abuse and violence; reporting and protection mechanisms.

JUNE 2026

Dates	Event Description
02–12 Jun	Summer Training Camp (Freestyle & Greco-Roman) Category: U8–U14 Format: Children's Training Camp.
14–24 Jun	Summer Training Camp – 2nd Session (Freestyle & Greco-Roman) Category: U8–U14 Format: Children's Training Camp.

AUGUST 2026

Dates	Event Description
25–31 Aug	International Veterans Tournament & Training Camp Category: Veterans Purpose: Preparation for the 2026 Veterans World Championships.

NOVEMBER – DECEMBER 2026

Dates	Event Description
28-30 Nov	International Tournament "Academy Cup" (U13, U15 – Freestyle) Category: U13 / U15 Participation: Teams from neighboring and international countries.
30 Nov – 14 Dec	Training Camp (U13, U15) Participants: Teams from neighboring countries and regions of the Kyrgyz Republic.
December (TBC)	International Training Camp (Freestyle, Greco-Roman, Women's Wrestling) Category: All age groups Participants: Teams from neighboring countries.

Planned Development Initiatives for 2026

In line with the long-term development strategy of the Izabekov Wrestling Academy and UWW standards for athlete welfare, education, and high-performance environments, the following initiatives are planned for implementation in 2026:

- Launch of English language courses for athletes to improve international communication and educational opportunities.
- Acquisition of additional medical and rehabilitation equipment for the Academy's sports and recovery center to strengthen athlete health and injury prevention.
- Landscaping and improvement of the Academy facilities and outdoor areas to enhance the training environment and athlete well-being.
- Establishment of a dedicated Athletes' Recovery and Rest Room to support physical and mental recovery.
- Purchase of specialized wrestling training equipment to further develop strength, technique, and sport-specific conditioning.

These initiatives demonstrate the Academy's commitment to continuous development, athlete welfare, and the creation of a safe, professional, and high-performance training environment in accordance with UWW and IOC standards.

Responsible Persons and Governance

In accordance with Section 2.1 of the UWW Affiliated Training Centres Framework, the governance structure of the Izabekov Wrestling Academy includes clearly designated responsible persons for coordination, management, and institutional oversight:

• **UWW Contact Person:**

Mr. Seitek Toltoev – Secretary General, Kyrgyz Republic Wrestling Federation (KWF)

Email: kgz@uww.org Mob: +996552130288

- **Training Centre Director / Operational Lead:**

Mr. Izabekov Narbek – Development Coordinator, Izabekov Wrestling Academy (IWA)

Email: n_izabekov@insport.kg Mob: +996555484836

- **National Federation Representative:**

Kyrgyz Republic Wrestling Federation (KWF) – official host federation of the Training Centre

These designated persons ensure operational management, institutional alignment with the National Federation, and direct coordination with United World Wrestling in compliance with UWW governance standards.