



UNITED WORLD
WRESTLING

UWW NF Development Programme

Project & Impact 2022-2025

Based on documentation submitted by National Federations
to the UWW Development Department

Report Highlights (2022-2025)



31 National Federations implemented development activities across all five continents



The programme evolved from **recovery and restart** (2022-2023) to **more structured pathways** and education-focused delivery (2024-2025)



Education and governance programmes reached **dozens of participants** per activity, strengthening daily operational capacity



Grassroots and school outreach initiatives reached **hundreds to over 1,000 young** participants in several countries

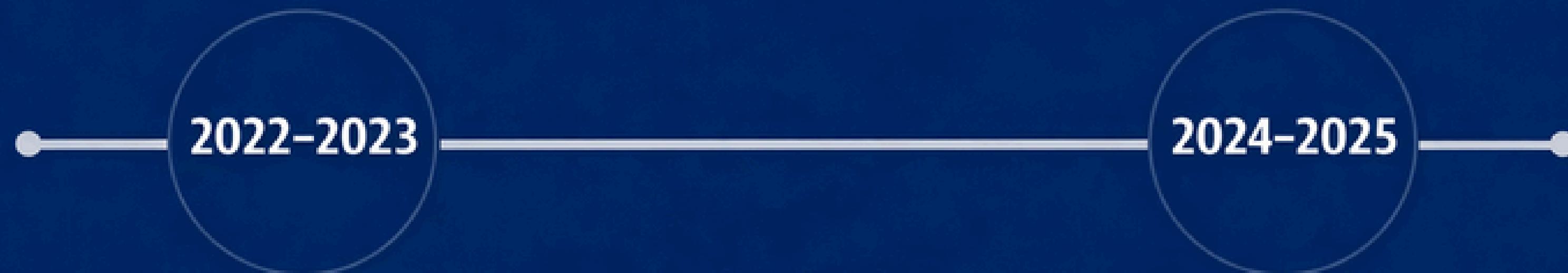


Where gender-disaggregated data was reported, **female participation** reached **up to 44%** in structured development pathways

Highlights are based on documentation submitted by National Federations.

From recovery to structure: 2022-2025 in one project cycle

2022-2023 were about restarting: getting programmes running again, rebuilding capacity, bringing people back to mats. 2024-2025 show consolidation: more structured pathways, stronger education delivery, more visible inclusion work, and more regional cooperation. This report summarises what was delivered – and what it tells us for the next cycle.



Recovery & restart

- Getting programmes running again
- Rebuilding capacity after disruption

Consolidation & structure

- More structured pathways
- Stronger education and inclusion focus

The programme scale (2022-2025)



31

National Federations
with submitted
documentation



5

continents reached

4

main programme
tracks



Education



Grassroots

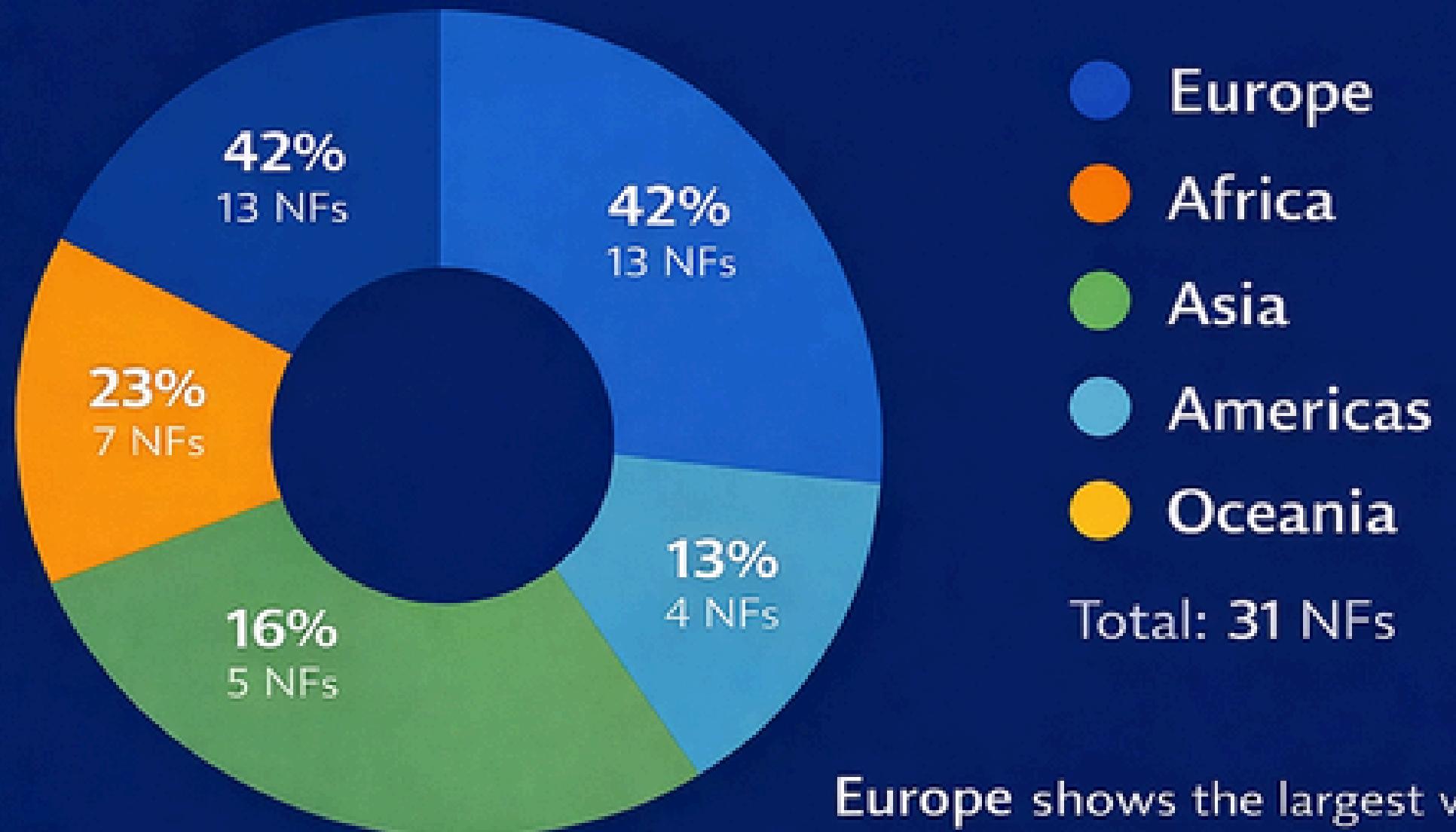


Inclusion

Pathways

Verified from shared folders and NF documentation (2022-2025)

Global reach across all continents



Europe shows the largest volume of reporting NFs in this cycle, with consistent **education**

Africa and Asia show strong presence in **capacity** and grassroots formats, including emerging federation support and regional cooperation.

Distribution based on National Federations submitting documentation (2022-2025).

Participation scale: what programmes looked like on the ground

30–50 participants

typical national camps
and local development actions

40–80 participants

education / regional initiatives
(coaches, referees, admin)

100–700+ participants

multi-level, competition-linked environments

Up to 1,000+ children

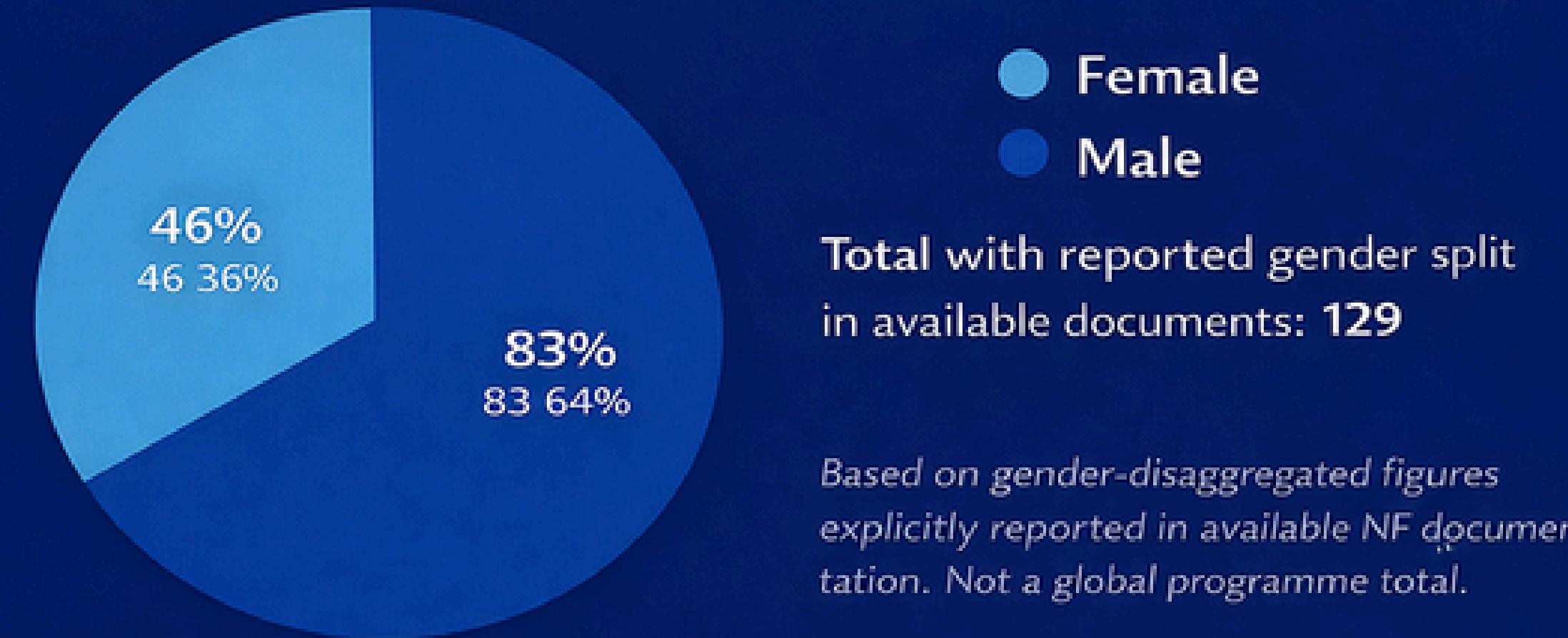
school and outreach actions

Ranges reflect figures reported in NF documentation.

Participant numbers depend on the programme format: education tends to be medium-scale, while school outreach can be high-volume.

This is why the report presents ranges and verified examples rather than a single global total.

Gender reporting: progress is visible where data is provided



Where gender is tracked and reported, participation shows **meaningful female presence**, especially in **youth and structured pathway activities**.

The strongest inclusion results appear where women's wrestling is embedded into regular training environments.

What NFs delivered (five recurring formats)



Education: coaches, referees, administrators



Grassroots: schools, clubs, youth festivals



Women's development: camps, recruitment, pathway integration



Pathways: structured youth → performance environments



Regional cooperation: multi-NF camps and courses

Across the cycle, programmes repeat these formats, but the mix depends on federation maturity and local resources.

Where gender is tracked and reported, **participation** shows meaningful female presence, especially in youth and structured pathway activities.

Country coverage (2022–2025)

This cycle includes documentation from 31 National Federations.

Activities range from foundational capacity work to advanced pathway programmes.



Four snapshots from the programme cycle



♀ Women's wrestling training and youth development

Technical training sessions focused on skill development, movement and match situations, involving young female athletes in a structured training environment.



👤 Multi-centre athlete pathway (TCAR UWW)

National recruitment linked to long-term training in multiple high-performance centres.



🎓 Governance and administration education

Structured education programme for federation staff with a defined curriculum and reported cohort.



🎓 Regional coaching and referee education

Multi-NF course with reported participant numbers and gender-disaggregated data.

What worked (and why it matters)

- **Education programmes** strengthen **people** who actually run wrestling daily.
- **Pathways** create continuity: **schools** → **clubs** → **centres** → national teams.
- **Gender inclusion** works best when it is part of the normal weekly system.
- **Regional initiatives** reduce costs and increase shared learning.
- **Flexible support** matters because wrestling federation realities are not equal.

Challenges observed across the cycle

- **Not all NFs report the same data**, especially participant numbers and gender figures.
- **Some programmes** rely on a **small number of key people**, which affects continuity.
- **Logistics and funding stability** can limit long-term delivery.
- **Follow-up matters**: repeated activities are stronger than one-off actions.

Thank you

This report reflects the work delivered by National Federations during the 2022–2025 cycle, based on official documentation submitted to the UWW Development Department.

It highlights the scale, diversity and realities of development work across different contexts and regions.

UWW Development Department