



## **Belt Wrestling Asian Championships - Alysh among men and women**

Bishkek (Kyrgyzstan)

12–14 April 2026

### **REGULATIONS**

#### **1. Organizing Committee**

The Asian Championship in Belt Wrestling “Alysh” among men and women is held with the support of:

- State Agency for Physical Culture and Sports under the Cabinet of Ministers of the Kyrgyz Republic
- Directorate for National Sports
- United World Wrestling (UWW)
- World Alysh Federation

#### **2. Date and place:**

The Asian Championship will be held from 12 to 14 April 2026 at “Zhashtyk Arena”, (Street Togolok Moldo 17 ) , Bishkek, Kyrgyz Republic.

#### **3. Participation and financial conditions**

The host country meets foreign delegations at Manas International Airport (Bishkek).

The host country covers accommodation, meals (breakfast and dinner) and local transportation.

Sending organizations cover expenses for UWW licenses, air tickets and daily allowances.

The composition of the official delegations must consist of the following person:

| Style               | Men | Women | Coaches | Team Leader | Totally |
|---------------------|-----|-------|---------|-------------|---------|
| Alysh classic style | 6   | 6     | 2       | 1           | 15      |
| Alysh freestyle     | 6   | 6     | 2       | 1           | 15      |

#### **4. Technical conditions**

The competitions will be organized in accordance with UWW rules in the following weight categories:

- Alysh belt wrestling (men classic style): 60, 70, 80, 90, 100, +100 kg
- Alysh belt wrestling (women classic style): 55, 60, 65, 70, 75, +75 kg
  
- Alysh belt wrestling (men freestyle): 60, 70, 80, 90, 100, +100 kg
- Alysh belt wrestling (women freestyle): 55, 60, 65, 70, 75, +75 kg

#### **5. License**

Participants of the Belt Wrestling “Alysh” competitions must hold United World Wrestling licenses for 2026. The medical certificate for 2026 is available at the following link <https://uww.org/governance/licenses-insurance-athletes-all-wrestling-styles> . The annual license fee is 100 Euros.

Teams must register for the event and purchase UWW licenses in advance through the Athena system (<https://athena.uww.org/>) by 25 March 2026. If you have any additional questions regarding UWW licenses, please contact: [licensing@uww.org](mailto:licensing@uww.org).

#### **6. Visa**

In order to get entry visa please fill the application form in and send to the Organizing Committee with passports before 25 March 2026. You will be able to get visa at the closest Embassy of the Republic of Kyrgyzstan , electronic or on arrival visa in airport.

#### **7. Awards**

Winners and prize-winners will be awarded with the following prizes:

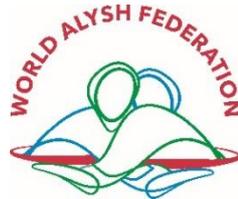
- 1st place – medal, diploma, prizes
- 2nd place – medal, diploma, prizes
- 3rd place – medal, diploma, prizes

#### **8. Applications**

All applications regarding participation in the Belt Wrestling Asian Championships should be directed to the UWW World Belt Wrestling Committee before 20 March 2026 :

Address: Togolok Moldo 17 , Bishkek (Kyrgyzstan)

Tel : : (+996) 704 48 16 06 Email: [beltwrestling@uww.org](mailto:beltwrestling@uww.org)



**Asian Championship**  
in Belt Wrestling “Alysh”  
among men and women

Bishkek ( Kyrgyzstan )

12–14 April 2026

**PROGRAM**

|          |               |                                                                                                                                                                      |
|----------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 11 april | –             | Arrival of delegations                                                                                                                                               |
| 12 april | 10:00 – 12:00 | Referee’s course                                                                                                                                                     |
|          | 14:00 – 16:00 | Referee’s course                                                                                                                                                     |
|          | 16:00 – 17:00 | Mandate commission                                                                                                                                                   |
|          | 17:00 – 17:30 | Technical Meeting                                                                                                                                                    |
| 13 april | 07:30 – 08:00 | Weighing and Draw<br>– men (classic style) 60, 70, 80, 90, 100, +100 kg<br>– women (classic style) 55, 60, 65, 70, 75, +75 kg                                        |
|          | 10:00 – 17:00 | Preliminary rounds – Alysh:<br>– men (classic style): 60, 70, 80, 90, 100, +100 kg<br>– women (classic style): 55, 60, 65, 70, 75, +75 kg                            |
|          | 17:00 – 17:30 | Opening ceremony                                                                                                                                                     |
|          | 17:30 – 20:00 | Bronze and gold medal matches – Alysh. Awarding ceremony<br>– men (classic style) 60, 70, 80, 90, 100, +100 kg<br>– women (classic style) 55, 60, 65, 70, 75, +75 kg |
|          | 22:00 – 22:30 | Technical Meeting                                                                                                                                                    |
| 14 april | 07:30 – 08:00 | Weighing and Draw<br>– men (freestyle): 60, 70, 80, 90, 100, +100 kg<br>– women (freestyle): 55, 60, 65, 70, 75, +75 kg                                              |
|          | 10:00 – 17:00 | Preliminary rounds – Alysh:<br>– men (freestyle): 60, 70, 80, 90, 100, +100 kg<br>– women (freestyle): 55, 60, 65, 70, 75, +75 kg                                    |
|          | 17:00 – 19:30 | Bronze and gold medal matches – Alysh. Awarding ceremony<br>– men (freestyle): 60, 70, 80, 90, 100, +100 kg<br>– women (freestyle): 55, 60, 65, 70, 75, +75 kg       |
|          |               |                                                                                                                                                                      |
| 14 april | 12: 00        | Departure of delegations                                                                                                                                             |



**ASIAN CHAMPIONSHIP**  
on Alysh among men and women  
(classic style)

Bishkek ( Kyrgyzstan )

12-14 April

**ENTRY BY NAME**

|              |  |
|--------------|--|
| Country:     |  |
| Team Leader: |  |
| Coach:       |  |
| Coach:       |  |

| Category                        | Weight  | Name, surname |
|---------------------------------|---------|---------------|
| Alysh<br>men<br>classic style   | 60 kg   |               |
|                                 | 70 kg   |               |
|                                 | 80 kg   |               |
|                                 | 90 kg   |               |
|                                 | 100 kg  |               |
|                                 | +100 kg |               |
| Alysh<br>women<br>classic style | 55 kg   |               |
|                                 | 60 kg   |               |
|                                 | 65 kg   |               |
|                                 | 70 kg   |               |
|                                 | 75 kg   |               |
|                                 | +75 kg  |               |

| Arrival and departure information |       |               |               |
|-----------------------------------|-------|---------------|---------------|
|                                   | Place | Flight number | Date and time |
| Arrival                           |       |               |               |
| Departure                         |       |               |               |



**ASIAN CHAMPIONSHIP**  
on Alysh among men and women  
(freestyle)

Bishkek (Kyrgyzstan)

12-14 April

**ENTRY BY NAME**

|              |  |
|--------------|--|
| Country:     |  |
| Team Leader: |  |
| Coach:       |  |
| Coach:       |  |

| Category              | Weight  | Name, surname |
|-----------------------|---------|---------------|
| Alysh men freestyle   | 60 kg   |               |
|                       | 70 kg   |               |
|                       | 80 kg   |               |
|                       | 90 kg   |               |
|                       | 100 kg  |               |
|                       | +100 kg |               |
| Alysh women freestyle | 55 kg   |               |
|                       | 60 kg   |               |
|                       | 65 kg   |               |
|                       | 70 kg   |               |
|                       | 75 kg   |               |
|                       | +75 kg  |               |

| Arrival and departure information |       |               |               |
|-----------------------------------|-------|---------------|---------------|
|                                   | Place | Flight number | Date and time |
| Arrival                           |       |               |               |
| Departure                         |       |               |               |