



## INVITATION

**The Brazilian Wrestling Federation has the honor to formally invite all National Wrestling Federations, as well as athletes, coaches, referees, officials, and members of the wrestling community worldwide, to participate in the Pan American U20 Championships and Beach Wrestling Competition.**

**The event will be held from July 9th to 12th, 2026, in the city of Rio de Janeiro, Brazil.**

**This prestigious international event aims to bring together young athletes from different regions, fostering high-level competition, technical development, cultural exchange, and the strengthening of wrestling on a global scale.**

**In addition to the U20 Championships, the Beach Wrestling (BW) competition will be an integral part of the event and will serve as an important component within the athlete development and selection pathway for future international competitions.**

**We are confident that your participation will significantly contribute to the success of this event and to the continued growth and promotion of our beloved sport worldwide.**

**We look forward to welcoming you to Rio de Janeiro and to your valuable attendance and contributions.**

**Yours sincerely,**

**Flávio Cabral Neves**  
**President**



## INVITACIÓN

**La Confederación Brasileña de Lucha tiene el honor de invitar formalmente a todas las Federaciones Nacionales de Lucha, así como a atletas, entrenadores, árbitros, oficiales y miembros de la comunidad de la lucha a nivel mundial, a participar en el Campeonato Panamericano U20 y en la Competencia de Lucha de Playa (Beach Wrestling).**

**El evento se llevará a cabo del 9 al 12 de julio de 2026, en la ciudad de Río de Janeiro, Brasil.**

**Este prestigioso evento internacional tiene como objetivo reunir a jóvenes atletas de diferentes regiones, promoviendo competencias de alto nivel, el desarrollo técnico, el intercambio cultural y el fortalecimiento de la lucha a escala global.**

**Además del Campeonato U20, la competencia de Lucha de Playa (Beach Wrestling – BW) será una parte integral del evento y servirá como un componente importante dentro del proceso de desarrollo y selección de atletas para futuras competencias internacionales.**

**Estamos convencidos de que su participación contribuirá de manera significativa al éxito de este evento y al continuo crecimiento y promoción de nuestro querido deporte en todo el mundo.**

**Esperamos darles la bienvenida en Río de Janeiro y contar con su valiosa presencia y contribuciones.**

**Atentamente,**

**Flávio Cabral Neves**  
**Presidente**



# U20 Pan-American Championships

FREESTYLE, GRECO-ROMAN, WOMEN'S WRESTLING, MEN'S BEACH WRESTLING, WOMEN'S BEACH WRESTLING

RIO DE JANEIRO (BRA) | JULY 09-12, 2026

## Competition & Venue Details

### Competition Venue & Address

CEFAN - Physical Education Center Admiral Adalberto Nunes, Av. Brasil, 10590 - Penha, Rio de Janeiro

*Number of Mats:* 2

### Organizer & Contact

*Organizer:* Confederacao Brasileira de Lutas Associadas

*Email:* [bra@uww.org](mailto:bra@uww.org)

### Key Logistics

*Accreditation:* CEFAN - Physical Education Center Admiral Adalberto Nunes

*Teams Reception:* Rio de Janeiro/Galeão International Airport (GIG)

*Technical Conference(s):* CEFAN - Physical Education Center Admiral Adalberto Nunes

*Weigh-in & Training Location:* CEFAN - Physical Education Center Admiral Adalberto Nunes

*Meals:* Breakfast will be served at the respective hotels and the competition venue. Lunch and dinner will be served at the competition venue.

### Final Entries Deadline

**24 June 2026**

## Participation & Entry Fees

### Accommodation Fee

**USD 150.-**

per day and per person (minimum 4 nights)

*includes accommodation, meals, transfers, local transportation*

## Accommodation Details

### Teams

ibis Rio de Janeiro Nova América, Av. Pst Martin Luther King Jr, Bloco 11, Torre 4 - Numero 126 - Del Castilho, Rio de Janeiro

ibis budget Rio de Janeiro Nova America, Av. Pst Martin Luther King Jr, Bloco 11, Torre 4 - Numero 126 - Del Castilho, Rio de Janeiro

ibis Rio de Janeiro Centro, R. Silva Jardim, 32 - Torre I, Rio de Janeiro

ibis budget Rio de Janeiro Centro, R. Silva Jardim, 32 - Torre I, Rio de Janeiro

### UWW Officials & Staff

*UWW Bureau:* H Niteroi Hotel, R. Dr. Paulo Alves, 14 - Inga, Niteroi

*Referees & UWW Staff:* Linx Galeao by Wish, Av. Vinte de Janeiro, s/n - Galeao, Rio de Janeiro

## Referees' Category & Course

### Referees' Category\*

OL: IS, I, II, III

BW: INS, I, II, III

*\*Olympic wrestling: categories IS and I (or II and III for the NF that don't have any cat. IS and I)*

### Referees' Course Type

(OL) 2. promotion (III -> II)

(OL) 3. promotion (II -> I)

(OL) 4. control I

(BW) 1. candidates (-> III)

## Additional Information

### Beach Wrestling competition

*Number of circles:* 2

*Maximum number of starters per weight:* 3



# U20 Pan-American Championships

FREESTYLE, GRECO-ROMAN, WOMEN'S WRESTLING, MEN'S BEACH WRESTLING, WOMEN'S BEACH WRESTLING

RIO DE JANEIRO (BRA) | JULY 09-12, 2026

Tuesday 07.07: Arrival of the delegations / Monday 13.07: Departure of the delegations

● FS ● GR ● WW ● ♀BW, ♂BW:

Wed 08.07	Thu 09.07	Fri 10.07	Sat 11.07	Sun 12.07
	07:30 - 08:00	07:30 - 08:00	07:30 - 08:00	07:30 - 08:00
	Medical examination & weigh-in FS: all weight categories	Medical examination & weigh-in WW: all weight categories	Medical examination & weigh-in GR: all weight categories	Medical examination & weigh-in BW: all weight categories
				08:00 - 10:00
				Referees' consultation: BW
				08:00 - 08:30
				Automatic draw: BW
09:00 - 11:00				
Referee course - Levels I and III				
	10:00 - 14:00	10:00 - 14:00	10:00 - 14:30	10:00 - 16:00
	Qualification rounds and repechages FS: all weight categories	Qualification rounds and repechages WW: all weight categories	Qualification rounds and repechages GR: all weight categories	Qualification rounds, repechages, finals & award ceremonies BW: all weight categories
14:00 - 17:00				
Referee course - Levels I and III				
			15:00 - 18:00	
			Finals & award ceremonies GR: all weight categories	
16:00 - 17:00	16:15 - 16:45			
Technical conference & draw All teams Draw: GR - WW - FS	Opening ceremony			
17:00 - 18:00	17:00 - 20:00	17:00 - 20:00		
Referees' consultation	Finals & award ceremonies FS: all weight categories	Finals & award ceremonies WW: all weight categories		