



TARANTO 2026
XX MEDITERRANEAN GAMES



WRESTLING



SPORT TECHNICAL MANUAL



International Committee of the
Mediterranean Games



Contents

1.	COMPETITION MANAGEMENT	5
1.1.	International Federation	5
1.2.	National Federation.....	5
1.3.	Management of the Competition	5
2.	TECHNICAL MILESTONES	5
3.	THE COMPETITION OF WRESTLING	7
3.1.	Program.....	7
3.2.	Dates and Venue	8
4.	RULES OF THE COMPETITION.....	8
4.1.	Conditions for running the competition.....	8
4.2.	Cancellation of Events.....	8
5.	TECHNICAL ORGANIZATION	8
5.1.	Special procedures for the development of the Competition	9
5.2.	Drawing of the lots	9
5.3.	Competition system	9
5.4.	Weigh-ins	9
5.5.	Medical visit	9
6.	COMPETITION SCHEDULE	9
6.1.	Technical Offices	11
7.	COMPETITION VENUE.....	11
7.1.	Competition Area	11
7.2.	Warm-up Area.....	11
7.3.	Changing Rooms.....	12
7.4.	Athletes' Lounge	12
7.5.	Mixed zone	12
7.6.	Sport Equipment	12
8.	TRAINING SESSIONS	12
8.1.	Training Venues.....	12



8.2.	Calendar and Schedules for Training Sessions	13
8.3.	Services available at Training Venues.....	13
8.3.1.	Changing Rooms	13
8.3.2.	Athletes' Lounge.....	13
8.4.	Media during training sessions	13
8.5.	Procedure for the scheduling of training sessions	13
8.5.1.	Before the Competition.....	14
8.5.2.	During the Competition.....	14
9.	PARTICIPATION	14
9.1.	Entries.....	15
9.1.1.	General Principles	15
9.1.2.	Procedures	15
9.1.3.	Entries by Number	15
9.1.4.	Preliminary Entries by Name (Long list)	15
9.1.5.	Final Entries by Name (Short list)	16
9.1.6.	Confirmation of Entries	16
9.2.	Technical Meeting	16
10.	MEDICAL SERVICES.....	17
10.1.	Medical Services at the Village and on the Competition Venues.....	17
10.2.	Mediterranean Village.....	17
10.3.	Competition Venues.....	17
10.4.	Anti-Doping Control	17
11.	REFEREES and UMPIRES	18
11.1.	Referees	18
11.2.	Jury of Appeal	18
11.3.	Claims	19
12.	SPORT CLOTHING	19
12.1.	Clothing of Athletes and Coaches	19
12.2.	Clothing of International referees	19



WRESTLING

13.	MEDAL CEREMONIES	19
14.	APPROVAL OF THE REGULATIONS.....	20



1. COMPETITION MANAGEMENT

1.1. International Federation

UNITED WORLD WRESTLING (UWW)

Rue du Château, 6 – CH 1804 Corsier sur Vevey

Phone: + 41 21 312 84 26

Website: <https://uww.org>

Email: info@uww.org

President: Mr. Nenad LALOVIC

Secretary General: Mr. Carlos ROY

1.2. National Federation

FEDERAZIONE ITALIANA JUDO, LOTTA, KARATE, ARTI MARZIALI (FIJLKAM)

Via dei Sandolini – I 00135 Roma

Phone: + 39 06 87975901

Website: www.fijlkam.it

E-mail: segreteria.federale@fijlkam.it

President: Mr. Gianni MORSIANI

Secretary General: Mr. Massimiliano BENUCCI

1.3. Management of the Competition

Technical Delegate of UWW: Mr. Pedro SILVA (POR)

Competition Manager: Mr. Salvatore FINIZIO (ITA)

2. TECHNICAL MILESTONES

DATES	DEADLINE FOR:
1 March	Opening of on-line Accreditation and Sport Entries on-line system
16 March	Official Communication by ICMG and OCMG to the NOCs and upload to the Games GMS platform of all Taranto 2026 Operations Guides and Manuals
26-30 March	CoCom Visit to Taranto – CoCom + OCMG Meeting on the 27 th March 2026
27-30 March	Chefs de Mission Seminar



DATES	DEADLINE FOR:
28 March	Joint Meeting ICMG CoCom - IFs Technical Delegates - OCMG Sport Department
23 April (at 23:59 CEST)	Deadline for the Entries by Number and by Event (preliminary entries)
	Settlement of the guarantee deposit for team sports
27 May (at 23:59 CEST)	Deadline for the Preliminary Entries by name of athletes and officials (Long List)
	Deadline for provisional Arrivals & Departures Forms
27-28-29-30 May	ICMG CoCom and SPC visit
29 May (Taranto)	Draw of team groups of all team sports, in the presence of a representative of the relevant IFs, (open to Chefs de Mission)
	Meeting for the eventual suppression of events without sufficient number of entries and publication of the Final Sport Program
	Updating of the Daily Competition Schedule
	Deadline for the accreditation of VIPs and Dignitaries
15 June	Opening of the Entries by Name (SEQ – Short List)
30 June	CoCom visit & ICMG ExCo meeting
14 July (at 23:59 CEST)	Deadline for the Entries by Name (Short List)
15 July	Deadline for confirmation of Arrivals & Departure Forms (ADS)
	Opening of the Late Athlete Replacement procedure (LAR)
	Opening of the D.DRM for the NOCs (on-line)
15-17 August	End of F.DRM
18 August	Opening of the Mediterranean Village and beginning of the trainings
18-19 August	ICMG meetings / ExCo meeting



DATES	DEADLINE FOR:
20 August	ICMG General Assembly
21 August	Opening Ceremony of the Taranto 2026 Mediterranean Games
3 September	Closing Ceremony of the Taranto 2026 Mediterranean Games
5 September	Closing of the Mediterranean Village
Note: CoCom visits are subject to future scheduling	

3. THE COMPETITION OF WRESTLING

3.1. Program

The competition of Wrestling at the XX Mediterranean Games Taranto 2026 will be as follows:

QUOTAS per NOC			MEN'S EVENTS	WOMEN'S EVENTS	MIXED EVENTS
M	W	T			
11	6	18	11	6	0

EVENTS		
Men		Women
Freestyle	Greco-Roman	Freestyle
57 Kg	60 Kg	50 Kg
65 Kg	67 Kg	53 Kg
74 Kg	77 Kg	57 Kg
86 Kg	87 Kg	62 Kg
97 Kg	97 Kg	68 Kg
125 Kg		76 Kg



3.2. Dates and Venue

The Wrestling competition will take place from **Saturday 22 to Tuesday 25 August 2026**, at the following venue:

Competition venue	Distance from Village	Capacity	Municipality
Wojtyla Sport Hall	29 Km	2000	Martina Franca

4. RULES OF THE COMPETITION

4.1. Conditions for running the competition

The competition of Wrestling will take place if a minimum of eight (8) countries is entered, for the men competition and, a minimum of six (6) countries for the women competition, by 23:59 (Italian time) on Thursday 23 April 2026.

4.2. Cancellation of Events

According to the number of confirmed entries, the President of the ICMG Sports Program Commission (SPC) together with one (1) or two (2) members of the said Commission, appointed by the ICMG President and in the presence of the OGMG Taranto 2026 Sports Director, will decide on Friday 29 May 2026 on the staging or not of the Competition.

Once the event has been confirmed, it will be held and the corresponding medals and diplomas will be distributed, regardless of the number of participants.

The OCMG Taranto 2026 will inform immediately all the National Olympic Committees (NOCs) of the staging of the competition or not, depending on the number of Teams entered.

5. TECHNICAL ORGANIZATION

The FIJLKAM, under the supervision of UWW Technical Delegate, is responsible for the technical organization and for the development of the Wrestling Competition during the XX Mediterranean Games Taranto 2026.



5.1. Special procedures for the development of the Competition

Any issue that may arise prior or during the events will be resolved by Competition Management, as per ICMG and UWW rules, in force at the date of the competition, unless the ICMG exceptionally authorizes otherwise.

Specific arrangements for the organization of the Wrestling competition will be made according to the number of participants.

5.2. Drawing of the lots

The draw to determine the order of competition will take place the day before the competition.

The draw will take place under the control of the UWW Technical Delegate, in the presence of the official representatives of the participant teams.

5.3. Competition system

The competition system will be established by the UWW.

5.4. Weigh-ins

The weigh-ins will be carried out in a designated area, equipped with two mats, at the Mediterranean Village, in the presence of UWW Technical Delegate and during the hours of competition.

5.5. Medical visit

The medical visits will take place in the designated area for weigh-ins in the Mediterranean Village, in the presence of UWW Technical Delegate and during the hours of competition.

6. COMPETITION SCHEDULE

The Tournament of Wrestling will take place from **Saturday 22 to Tuesday 25 September 2026**, according to the following schedule:



Date	Time	Event
21 st August 2026	5:00 p.m.	Technical Meeting_Mediterranean Village
	5:30 p.m.	Draw GR – 60-67-77-87-97 kg
22nd August 2026	7:30 a.m. – 08:00 a.m.	I Medical examination and weigh-in GR -60-67-77-87-97kg
	10:30 a.m – 1:00 p.m.	Elimination rounds GR -60-67-77-87-97kg
	1:00 p.m. – 2:00 p.m.	Draw LL -57-65-74-86-97-125kg
	5:00 p.m. – 6:00 p.m.	Semi-final GR -60-67-77-87-97kg
23rd August 2026	7:30 a.m. – 07:45 a.m.	II Weigh-in GR -60-67-77-87-97kg
	7:45 a.m. – 8:15 a.m.	I Medical examination and weigh-in LL -57-65-74-86-97-125kg
	10:30 a.m. – 1:00 p.m.	Repechage GR -60-67-77-87-97kg
	10:30 a.m. – 1:00 p.m.	Elimination rounds LL -57-65-74-86-97-125kg
	1:00 p.m. – 2:00 p.m.	Draw LF -50-53-57-62-68-76kg
	5:00 p.m. – 6:00 p.m.	Semi-final LL -57-65-74-86-97-125kg
	6:00 p.m. – 8:30 p.m.	Final GR -60-67-77-87-97 Protocol Ceremonies
24th August 2026	7:30 a.m. – 7:45 a.m.	II Weigh-in LL -57-65-74-86-97-125kg
	7:45 a.m. – 8:15 a.m.	I Medical examination and weigh-in LF -50-53-57-62-68-76kg
	10:30 a.m. - 1:00 p.m.	Repechage LL -57-65-74-86-97-125kg
	10:30 a.m. - 1:00 p.m.	Elimination rounds LF -50-53-57-62-68-76kg
	5:00 p.m. – 6:00 p.m.	Semi-final LF -50-53-57-62-68-76kg
	6:00 p.m. – 8:30 p.m.	Finals LL -57-65-74-86-97-125kg Protocol ceremonies



Date	Time	Event
25th August 2026	7:30 a.m. – 7:45 a.m.	II Weigh-in LF -50-53-57-62-68-76kg
	6:00 p.m. – 7:00 p.m.	Repechages LF -50-53-57-62-68-76kg
	7:00 p.m. – 8:30 p.m.	Finals LF -50-53-57-62-68-76kg Protocol ceremonies

6.1. Technical Offices

Two offices will provide specific information on the Wrestling Tournament:

- Technical Information Center (TIC) of Wrestling, at the Competition Venue.
- Sport Information Center (SIC) at the Mediterranean Village.

These offices will provide information on the schedule of the competition and training sessions, transport, list of players and results.

7. COMPETITION VENUE

The Wrestling competition for Men and for Women at the XX Mediterranean Games Taranto 2026 will be held at the venue detailed below.

Competition venue	Distance from Village	Capacity	Municipality
Wojtyla Sport Hall	29 Km	2000	Martina Franca

7.1. Competition Area

The competition area will have two (2) mats measuring 12m x 12m, on a raised podium. They will be homologated by UWW.

7.2. Warm-up Area

Adjacent to the competition venue, a warm-up area with two (2) mats, similar to those for the competition, will be available for the athletes.



7.3. Changing Rooms

Athletes will have separate changing rooms for men and women equipped with showers, toilets and scales.

7.4. Athletes' Lounge

Athletes will have at their disposal a lounge with water, energizing drinks and fruits.

7.5. Mixed zone

In the mixed zone, accredited media will be allowed brief interviews with participants who have finished their competition. Athletes must pass through this zone to leave the competition area and will be asked to cooperate willingly in answering journalists' questions. At the request of the journalists, an official of the OCMG may invite the athletes to go into the mixed zone to answer their questions.

Accredited media will have access to a press tribune.

7.6. Sport Equipment

All sport and technical equipment used during Wrestling competitions and trainings will comply with UWW rules in force on the date of the competition, unless the ICMG exceptionally authorizes otherwise.

8. TRAINING SESSIONS

8.1. Training Venues

The Wrestling training sessions for the XX Mediterranean Games Taranto 2026 will take place at the following venues:

Training venue	Distances from Village	Municipality	Note
Wojtyla Sport Hall	29 Km	Martina Franca	Competition venue
Structure at Med. Village	7,3 Km	Taranto	



8.2. Calendar and Schedules for Training Sessions

Athletes will have the following schedules at their disposal:

Date	Venue	Time
19th-21st August 2026	Structure at Med. Village	8:00 a.m. - 8:00 p.m.
22nd-25th August 2026	Martina Franca Wojtyla Sport Hall	According to the Competition Schedule

Three independent training areas equipped with mats similar to those for the competition will be available for the athletes.

8.3. Services available at Training Venues

8.3.1. Changing Rooms

Athletes will have separate changing rooms for men and women, equipped with showers, toilets and scales.

8.3.2. Athletes' Lounge

At the training venues, athletes will have at their disposal a lounge with water, energizing drinks and fruits.

8.4. Media during training sessions

Training sessions will be opened to the media but not to the public. The Competition Manager will be authorized to change this rule when and if he deems it necessary.

8.5. Procedure for the scheduling of training sessions

NOCs will receive the planning of the training sessions during the second half of July. They will have to confirm that they will make use of their allocated sessions during the DRM.



8.5.1. Before the Competition

As a rule, Competition Management will put the relevant Venues at the Athletes' disposal for one daily session, three (3) days before the beginning of the competition, on Thursday 19 August 2026.

If they have requested it during the DRM and following the procedure and after the Organizing Committee's approval, Delegations will be able to use these Venues for training purposes, five (5) days before the beginning of the competition, from Monday 17 August 2026.

8.5.2. During the Competition

The Competition Management will assign a daily training session of one hour and thirty (1:30) in one of the relevant Venues.

During the Technical Meeting, on 21 August 2026, the Organizing Committee will deliver the Training Schedule during competition. Each NOC will then be able to inform of its specific training needs; these will be assessed to be included in the training schedule during the competition.

All NOCs will have to confirm they will use their allocated training session, by 17:00 the day prior to the training is due; should they fail to do so, the relevant session will be made available for the other NOCs. They may also request, before 17:00, an additional training session, which may be allocated to them, from 20:00 the same day, subject to availability at the Venues.

Upon their arrival, Teams will receive all relevant information on the training sessions, both at the SIC and at the TIC for Wrestling.

9. PARTICIPATION

All NOCs members of the ICMG, whose National Federation is a member Association of UWW, are entitled to participate in the Wrestling Tournament of the XX Mediterranean Games Taranto 2026.

Athletes taking part in the competition must have the nationality of the country they represent and abide by the Conditions and Rules of ICMG and UWW and have a valid 2026 UWW license.



Each NOC may take part in the Wrestling Tournament with one (1) man and one (1) woman in each weight category, that is to say with a maximum of eighteen (18) participants if taking part in all categories.

9.1. Entries

9.1.1. General Principles

The XX Mediterranean Games Taranto 2026 are open to all the Athletes of the NOCs of the Mediterranean countries' members of the ICMG, as indicated in the Rules of the ICMG Charter and of the IOC.

All Athletes taking part in the Games must be citizens of the country they represent, in accordance with the IOC Rules.

9.1.2. Procedures

The registration process is linked to the general system of Accreditations. The OCMG Taranto 2026 entry system is an e-accreditation portal accessible through the official website of the Games: www.ta2026.com.

Each Delegation will have its own username and password to have access to this e-accreditation portal available in both French and English.

The portal will allow users to print a list of sport entries which, once signed, will have to be sent back, within the deadlines indicated below, to the OCMG Taranto 2026: entries@ta2026.com.

9.1.3. Entries by Number

The list of entries by number of participants for each NOC and event will have to be submitted through the e-accreditation portal, by **23:59 (Italian time) on Thursday 23 April 2026**.

9.1.4. Preliminary Entries by Name (Long list)

The list of preliminary entries of participants by names, by NOC and event, will have to be submitted via the e-accreditation portal, by **23:59 (Italian time) on Wednesday 27 May 2026**.



9.1.5. Final Entries by Name (Short list)

The NOC of each participating country will have to submit to the OCMG Taranto 2026, through the e-accreditation portal, the form with the final entries of their participants by name, five (5) weeks before the beginning of the Games, on **Tuesday 14 July 2026 (by 23:59, Italian time)**.

9.1.6. Confirmation of Entries

Confirmation of entries will take place during the DRM and any eventual modification that could be acceptable will be presented to the SIC and confirmed at a later stage, during the Technical Meeting.

Specific forms for the confirmation of entries will be distributed in advance to the Chef of Mission of each NOC.

9.2. Technical Meeting

The Technical Meeting will take place on **Friday 21 August 2026, at 17:00, at the Mediterranean Village**.

The meeting will be held in accordance with UWW Rules and chaired by UWW Technical Delegate. The following people must be in attendance:

- UWW Technical Delegate
- One member of the ICMG SPC
- Commission
- The Team Managers (one per country)
- The Referees
- The Coaches (one by team)
- The team doctors (one per team)
- The OCMG Taranto 2026 Competition Manager for Wrestling

The draw for Greco-Roman Wrestling will be held at the end of the Technical Meeting.



10. MEDICAL SERVICES

10.1. Medical Services at the Village and on the Competition Venues

During the XX Mediterranean Games Taranto 2026, medical services will be available to any accredited Athlete or Official who might need them, both at the Mediterranean Village and on the competition venues.

10.2. Mediterranean Village

The Polyclinic at the Village will provide the residents with the following services:

- Sport medicine
- Physiotherapy
- First Aid
- Emergency services 24/24h
- A fleet of ambulances will link the Polyclinic and the main Hospitals, should additional care be needed.

10.3. Competition Venues

During the events, all competition venues will provide the Athletes with the following services:

- Medical services
- Ambulance services
- Coolers filled with ice will be available for the Delegations at all Sport Venues.

10.4. Anti-Doping Control

Doping controls will be carried out during the competition or out of competition, under the responsibility of the International Testing Agency (ITA) and with the collaboration of the Italian National Anti-Doping Agency (NADO Italy), in accordance with the rules of the ICMG, the IF and the World Anti-Doping Code.



All competitors who undergo a control will receive written notification. The official procedure for the collection of samples will subsequently start, in accordance with the official deadlines and Regulations.

Any Athlete who refuses to submit to doping control, or who is declared positive after the test, will be disqualified from the competition and will be sanctioned along with his/her Team, in accordance with the ICMG and UWW Regulations.

11. REFEREES and UMPIRES

11.1. Referees

The Wrestling competition will be officiated by international referees and category IS, I and II international judges.

To ensure a better organization of the competition, the OCMG Taranto 2026 will request that UWW Refereeing Commission appoints two (2) referees who do not belong to a Mediterranean country.

UWW will nominate all referees.

11.2. Jury of Appeal

In accordance with the technical event regulations of each sport at the XX Mediterranean Games Taranto 2026, international juries of appeal will be formed. They will be responsible for ruling on any complaint.

In the event that the Technical Delegate is not the Chairman of the Jury of Appeal, the international federation will, through its Technical Delegate, designate the Chairman of the appropriately composed Jury of Appeal.

Unless special dispensation is granted by the international federation, a Jury of Appeal will be composed of one (1) Chairman and two (2) members selected from a list of six (6) suitably qualified representatives of the participating countries.

The list will be communicated by the Technical Delegate during the Technical Meeting.

During the processing of a dispute, the members of the Jury of Appeal belonging to the countries involved will abstain from participating.



11.3. Claims

Claims will be ruled following UWW rules. Any claim can be raised by the relevant NOC, in written, in French or in English, accompanied by a cash deposit which amount is established by UWW rules.

All claims will be addressed to the TIC for Wrestling who will forward them to the Secretariat of the Jury of Appeal and to the ICMG SPC.

The deposit will only be refunded if the claim is successful.

12. SPORT CLOTHING

12.1. Clothing of Athletes and Coaches

Participants at the Wrestling competition of the XX Mediterranean Games Taranto 2026 will wear a sport uniform in accordance with UWW and ICMG Regulations.

Athletes' sport clothing and equipment will bear no commercial brand. As an exception, the brand name or logo of the manufacturer of the clothing or the equipment will be tolerated if it complies with ICMG and UWW rules.

The same rule will apply for the Medal Ceremonies regarding sport clothing and advertising. Athletes will step on the podium with the official clothing of their respective NOC.

12.2. Clothing of International referees

During the competition, International referees will wear the official UWW clothing or the OCMG Taranto 2026 uniforms.

13. MEDAL CEREMONIES

The Medal Ceremonies, as per the ICMG rules, will take place according to the competition schedule.

A diploma to the wrestlers classified from fifth to the eight place in each weight category and gender will be awarded.



14. APPROVAL OF THE REGULATIONS

In case of disagreement on the interpretation of these Regulations with any other related version, the French version will take precedence.

This Technical Manual was approved by the ICMG.



TARANTO 2026
XX MEDITERRANEAN GAMES

