

POLAND, WARSAW
APRIL 26-27



WARSAW 2021



UWW



TM

UWW.ORG



WRESTLING

EUROPEAN
CHAMPIONSHIPS



**EUROPEAN CHAMPIONSHIP
GRAPPLING - GRAPPLING GI
26-27 April 2021
Warsaw, Poland**

GENERAL REGULATIONS

PARTICIPATION:

1. Only the National Federations affiliated to United World Wrestling can participate in the Championship. They are fully responsible for entering their athletes within the deadline.
2. National Federations or Committees can enter, for each style, a maximum of 2 athlete per weight category. Final entries confirming the names of participants, number of nights of their staying for the accommodation package should be entered on Athena (<http://athena.unitedworldwrestling.org/>) before 19 March 2021. If you have any issue using Athena, you can contact aso@unitedworldwrestling.org .
3. All athletes are under the responsibility of the National Federations and Committees, as well as directly authorized representatives and coaches. Any violation will be punished in accordance with the rules of United World Wrestling.
4. The organizing committee is providing an accommodation package that includes accommodation in double bedroom, breakfast, lunch, dinner and transportation from/to the competition venue at fixed times. Cost of the accommodation package is 150 CHF/day per person and is to be paid at the accreditation the day of the arrival at the Official Hotel.
The Competition Fee and Transport from/to Airport of Warsaw and from Hotel from/to the Competition Venue are included in the Accommodation Package. The bank details to pay in advance are to be requested from the organizer (POL@united-world-wrestling.org) .
Note: the minimum stay for the accommodation package is 3 nights .

TECHNICAL CONDITIONS

1. The competition will run according to the United World Wrestling official rules on 3 approved wrestling mats.
2. Competitions will be held in the following weight categories:
Senior (18+ years old)
Men: 62, 66, 71, 77, 84, 92, 100, 130kg
Women: 53, 58, 64, 71, 90kg
Age and nationality will be checked at the weight in during passport control.
3. Each competitor will be requested to undergo a medical examination before the official weigh-in, during which his/her competition uniforms will be inspected for compliance to United World Wrestling rules.
4. The drawing of lots for position in the brackets will be done by computer during the creation of the brackets.
5. The competitors are allowed to enter several styles, provided that they undergo the official weigh-in held the morning before the beginning of each style. If a registered athlete has not turned up by the end of the



EUROPEAN CHAMPIONSHIP
GRAPPLING - GRAPPLING GI
26-27 April 2021
Warsaw, Poland

official weigh-in time to check his/her weight, he/she will be removed from the brackets and will not be allowed to compete.

6. All Athletes and Referees are required to have the United World Wrestling License for the competition year 2021 that includes health insurance. Licenses must be purchased online by each National Federation through Athena (<http://athena.unitedworldwrestling.org/>) at the cost of 100 CHF. If you have any issue using Athena you can contact aso@unitedworldwrestling.org . To purchase a license online, it is required to submit a medical certificate, a copy of the passport and a digital photo of the athlete.
7. Each competitor will be required to wear approved competition uniform complying with the international regulations of United World Wrestling, that is:

Grappling: Board shorts and a rashguard. The first competitor called shall wear an overall red rashguard and the second one an overall blue rashguard (Shorts shall be either of the matching assigned red and blue color or of a neutral color, such as black, white or grey).
Grappling Gi: The first competitor called shall wear a red Gi and a red belt and the second one a blue Gi and a blue belt. The country's abbreviation must appear on the back of the athletes' competition uniform.
8. Individual prizes will be given to each weight category:
 - 1st place 1 gold medal, certificate
 - 2nd place 1 silver medal, certificate
 - 3rd places 2 bronze medals, certificates
9. The first three teams in each style will receive a cup.
10. The organizer will conduct random anti-doping test. The categories concerned will be selected and publicly announced at the end of the competition. The laboratory used to analyse these tests will be IOC/WADA approved. The procedure for undertaking the tests and transporting the samples to the laboratory is laid down in the United World Wrestling Regulations and in WADA's Anti-Doping Code.

OFFICIAL CEREMONIES

1. The team leaders must confirm their country's national anthem at the time of accreditation in order to avoid any unpleasant situation at the time of the award ceremonies.
2. Each participating team must be present at the opening ceremony according to the organizing committee's instructions.
3. The national anthem will be played for each individual and team champion.



EUROPEAN CHAMPIONSHIP
GRAPPLING - GRAPPLING GI
26-27 April 2021
Warsaw, Poland

GRAPPLING

COMPETITION PROGRAM

SENIOR WORLD GRAPPLING CHAMPIONSHIP		
24.04.2021	All day	Arrival of the Delegations
	22:00	Final time for Accreditation
25.04.2021	10:00 - 17:00	Referee Seminar
	20:00 - 21:00	Technical Conference
	21:00 - 22:00	Draw for Grappling
26.04.2021 Seniors Grappling	08:00 - 09:00	Medical examination & weigh-in - Grappling
	10:30 - 15:00	Elimination Rounds - Grappling
	17:00 - 18:00	Repechage and Finals for Bronze - Grappling
	18:00 - 22:00	Final Rounds & Award Ceremony - Grappling
	22:30 - 23:00	Draw for Grappling GI
27.04.2021 Seniors Grappling GI	08:00 - 09:00	Medical examination & weigh-in - Grappling GI
	10:30 - 15:00	Elimination Rounds - Grappling GI
	17:00 - 18:00	Repechage and Finals for Bronze - Grappling GI
	18:00 - 22:00	Final Rounds & Award Ceremony - Grappling GI
28.04.2021	All day	Departure of the Delegations



GRAPPLING

**EUROPEAN CHAMPIONSHIP
GRAPPLING - GRAPPLING GI
26-27 April 2021
Warsaw, Poland**

Organizing Committee:

Wrestling Federation of Poland

St. Zelazna 67 M. 73

PL - 00-871 Warsaw

POLAND

Email: POL@united-world-wrestling.org

Website <http://www.zapasy.org.pl>

Phone +48 22 624 81 11

Competition Venue:

Hala Widowiskowo-Sportowa COS Torwar

ul. Łazienkowska 6a; 00-449 Warszawa

Hotels:

Airport Okęcie

ul. Komitetu Obrony Robotników 24; 02-148 Warszawa

rezerwacja@airporthotel.pl

Novotel Warszawa Airport

ul. 1 Sierpnia 1, 02-134 Warszawa

Tel: +48225756000

h0527-RE@accor.com

World Grappling Committee: grappling@unitedworldwrestling.org

UWW Associated Styles Committee: aso@unitedworldwrestling.org



POLSKI ZWIĄZEK ZAPAŚNICZY

Polish Wrestling Federation | Federation Polonaise de Lutte

European Championships

19-25.04.2021 Warszawa

During the tournament, all safety rules will be applied in accordance with the recommendations of the Government and the sanitary protocol in force in the Republic of Poland.

Wearing masks is obligatory in public areas (e.g. shopping centers, shops, etc.), at airports and in public transport.

1. Accommodation

1. Each event participant entering the hotel is obliged to:

- submit to a body temperature measurement
- hands disinfection
- wearing masks

2. Hotels will be dedicated only for the participants during the championships (no other customer such as tourists, etc.).

3. Each team will be accommodated in the same hotel throughout the tournament. There will be max. two hotels for Delegations – depending on the number of participants.

4. The hotel will disinfect the rooms and make disinfectants available.

5. Meals will be provided at the hotels - accordingly to current regulations of the Polish Government.

6. The Hotel is obliged to prepare a special place - an isolation room for each person participating in the tournament with symptoms of infection and to take appropriate epidemiological measures.

7. Wearing masks is obligatory in all common/public places, except for the restaurant room.

8. A training room will be available at the hotel. The availability hours will be announced and earlier reservation will be required.

2. Transport

1. The organizer provides transport for teams from the airport to hotel and hotel – airport. Each team separately in buses for 9 people

2. The organizer provides transport for participants from the hotel to competition venue and back in accordance with the applicable limits for means of transport in our country.



POLSKI ZWIĄZEK ZAPAŚNICZY

Polish Wrestling Federation | Federation Polonaise de Lutte

3. The transport of passengers will be carried out in compliance with all safety rules resulting from legal regulations.
4. It is obligatory to wear masks during the journey.

3. Medical examination and weigh-in

1. Medical examination and weigh-in will always take place in the morning at the hotel, ensuring all safety. The wrestlers must have necessary documents ready (a document confirming their identity).
2. While waiting for the weigh-in, all participants of the competition maintain a safe social distance and are required to cover their mouth and nose (mask, beaver etc.)
3. Weigh-in will be performed in Airport Hotel at 7th floor. There will be 5 stands, separately for each weight category.
4. The judges will be equipped with protective equipment, gloves and beavers.

4. Competition

1. Each competition participant entering the sports facilities is obliged to:
 - submit to a body temperature measurement,
 - hand disinfection,
2. In accordance with the regulations in force, the competition will be run without the presence of the public.
3. The competition hall will be divided into zones:
 - warm-up, a separate room;
 - field of play;
 - decorations.

When passing to each zone, hands disinfection is required.

4. Before entering and leaving the competition zone wrestlers and coaches are obliged to carry out disinfection.
5. In the competition hall, wrestlers and coaches do not have to cover their mouth and nose in accordance with the regulations in force in our country.
6. Competition participants may use changing rooms and showers. The organizer is responsible for the disinfection of changing rooms and sanitary facilities. Before entering the field of play, the wrestler is required to wash the body thoroughly.
7. The judges will be equipped with protective gloves and beavers.
8. After the end of fights in one weight category, the mats will be disinfected.
9. There is an obligation to maintain a safe distance of 1.5 m in common/public areas



POLSKI ZWIĄZEK ZAPAŚNICZY

Polish Wrestling Federation | Federation Polonaise de Lutte

5. Summary of sanitary measures

1. All participants shall present at accreditation a certificate of negative PCR test of less than 72 hours.
2. The LOC will conduct antigen rapid test before the accreditation (That will be free of charge for all participants).
3. In case of any positive antigen test, immediate isolation measures, a dedicated place for such and treatment will be provided. Such participant is obliged to do PCR test on cost of his/her Federation to confirm or exclude infection (Estimated price 90 EUR) . Positive result or refusal of taking a PCR test is synonymous with disclosed from the competition.
4. Hand sanitizers and face masks will be provided by the LOC during the championship.
5. All places (transports, hotels, training place, competition hall, etc.) will be disinfected several times per day.
6. Competition mats will be disinfected regularly, and every competitor will pass a disinfection barrier when entering the field of play; shoes will be wiped.
7. Before departure (return home) PCR tests for those participants who will request it during accreditation, will be at the cost of participating Federation. **Estimated price 90 EUR**

6. "Bubble"

1. The LOC will create the so-called "bubble" (Hotel, transportation, Wrestling Hall).
2. All participants obliged to stay in this bubble. In case of leaving, the participant must be disclosed.
3. All participants must fill a questionnaire, temperature check sheet and a liability release waiver upon arrival at the accreditation. The temperature check sheet will remain at the Team leader who must present a filled and signed one in case of any medical problem.
4. Liability: all participants must understand and sign that they release, waive, discharge the UWW and the Polish Wrestling Federation, from all liabilities, claims, demands, actions, and causes of action whatsoever, directly, or indirectly arising out of or related to any loss, damage, injury, or death, that may be sustained by the participant related to COVID-19 while participating in the Senior European Championships Warsaw 2021 while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19.

7. Final provisions

1. The Regulations may be updated, in particular when the legal regulations regarding epidemical restrictions, orders and prohibitions in the territory of the Republic of Poland are changed.
2. Representatives of the Management Board of the Polish Wrestling Association and the Secretary General present at the competition are authorized to interpretation of the Regulations stated above.

President PWF – Andrzej Supron – mobile +48 602 217 396

Secretary General – Marek Walachowski mobile: +48 604 754 382



POLSKI ZWIĄZEK ZAPAŚNICZY

Polish Wrestling Federation | Federation Polonaise de Lutte

TEMPERATURE CHECK SHEET

NATIONAL FEDERATION:

Team Leader:

	Name and Last Name	Date	Time-Temperature		Position
			07.00	19.00	
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Medical Staff of the Championship:



POLSKI ZWIĄZEK ZAPAŚNICZY

Polish Wrestling Federation | Federation Polonaise de Lutte

LIABILITY RELEASE WAIVER – COVID-19

The World Health Organization has declared the novel Coronavirus (COVID-19) a worldwide pandemic. Due to its capacity to transmit from person-to-person through respiratory droplets, the UWW and the Organizing Committee (“OC”) have set recommendations, guidelines, and some prohibitions throughout the Sanitary Protocol and the adjustments to the UWW International Wrestling Rules in this regard for the Senior European Championships 19-25.04.2021 (the “Event”).

The sanitary protocol applies to all participants in this Event. In consideration of my participation in the Event, I, the undersigned,

Name: Surname:

Birthdate: National Federation/Organization:

1. Confirm that I have taken good note of the sanitary protocol and specific and hereby undertake comply with them.

2. Acknowledge and agree to the following:

- I am aware of the existence of the risk on my physical appearance to the venue and my participation to the Event that may cause injury or illness such as, COVID-19.
- I have not experienced symptoms that of fever, fatigue, difficulty in breathing, or dry cough or exhibiting any other symptoms relating to COVID-19 or any communicable disease within the last 14 days.
- I have not been, nor any of my relatives, diagnosed to be infected of COVID-19 virus within the last 30 days.

3. And, following the pronouncements above I hereby declare the following:

- I am fully and personally responsible for my own safety and actions while and during my participation and I recognize that I may be in any case be at risk of contracting COVID-19.
- With full knowledge of the risks involved, I hereby release, waive, discharge the UWW and the OC, from any and all liabilities, claims, demands, actions, and causes of action whatsoever, directly or indirectly arising out of or related to any loss, damage, injury, or death, that may be sustained by me related to COVID-19 while participating in the Event while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19 .

By signing below, I acknowledge that I have read the foregoing Liability Release Waiver and understand its contents; that I am at least eighteen (18) years old and fully competent to give my consent; That I have been sufficiently informed of the risks involved and give my voluntary consent in signing it as my own free act and deed; with full intention to be bound by the same, and free from any inducement or representation.

This waiver will remain effective until laws and mandates relevant to COVID-19 are lifted.

Date:

Signature:



POLSKI ZWIĄZEK ZAPAŚNICZY

Polish Wrestling Federation | Federation Polonaise de Lutte

Accepted by Polish Wrestling Federation on 22.02.2021

22.02.2021

SEKRETARZ GENERALNY
Polskiego Związku Zapasniczego


Marek Wałachowski

